

# Spark Joy Broward Checklist

## Clothes

- Tops
- Bottoms
- Dresses
- Outerwear
- Bras
- Socks
- Underwear
- Seasonal wear
- Activewear
- Sleepwear and loungewear
- Swimwear
- Handbags and purses
- Hats
- Belts
- Scarves
- Jewelry and watches
- Glasses and sunglasses
- Shoes
- Other \_\_\_\_\_

## Books

- General Books
- Cookbooks
- Magazines
- Coffee-table books
- Reference and instructional books
- Educational and school books
- Other \_\_\_\_\_

## Papers

- Manuals
- Warranties
- Magazine clippings
- Seminar and course materials

- Financial statements
- Insurance agreements
- Contracts
- Medical records
- Legal Documents
- Business Cards (may be sorted with komono (stationary) if there are too many)
- Greeting cards (may be sorted with sentimental if there are too many)
- Other \_\_\_\_\_

## Komono (misc)

- CDs and DVDs
- Stationary goods:
  - Tools: pen, scissors, staplers, etc.
  - Paper: notebooks, notepads, binders, files
  - Letters: letter paper, envelopes, stamps
- Electronic cords: extension cords, chargers, headphones, etc.
- Electronic items: computers, printers, digital cameras, video games, etc
- Other electric items: memory cards, USB, ink cartridges, batteries, etc.

- Valuables: passports, gift certificates, coupons, currency, wallets, credit cards, etc.
- Hair goods
- Skin care items
- Cosmetics
- Relaxing goods: candles, essential oils, etc.
- Hygiene care: cotton swabs, nail clippers, etc.
- Medicine and supplements
- Sewing materials
- General tools
- Emergency equipment and supplies
- Umbrellas
- Cloth items: towels, linens, sheets, bedding
- Travel: luggage, packing cubes, etc.
- Gifts supplies: gift bags, wrapping paper, etc.
- Bags: Reusable, paper, plastic
- Seasonal decorations
- Hobby items: learning, leisure, sporting goods, collectibles, etc.
- Consumables: paper towels, tissue, toilet paper, etc.

(continued on next page)

### Tips:

- Go in the right order: clothes, books, paper, komono, sentimental.
- Decide what to keep: gather all items from each category together, hold each item and ask yourself if each item sparks joy.
- Finish discarding before organizing or storing.

# Spark Joy Broward Checklist

- Laundry items
- Cleaning supplies and equipment
- Other: \_\_\_\_\_

## \*Kitchen Komono

### Tools for Cooking:

- Cooking utensil: pots, pans, bowls, etc.
- Cooking tools: spatulas, ladle, etc.
- Electric cookware: food processor, mixer, blender, etc.
- Containers: food storage, bottles, etc.
- Wraps: plastic wrap, aluminum foil, plastic storage bags, etc.
- Small items: toothpicks, rubber bands, clips, etc.
- Lunchbox items
- Baking items
- Dishwashing supplies: detergent, liquid soap, sponges, etc.

### Tools for Eating:

- Dishware, drinking glasses, serving pieces
- Cutlery
- Paper goods: chopsticks, paper plates, straws, paper cups, etc.
- Tableware: tablecloths, placemats, napkins, etc.

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### Food:

- Spices
- Dry goods
- Canned goods, packaged food
- Snacks
- Carbohydrates: rice, pasta, flours, etc.
- Drinks
- Tea, coffee
- Refrigerated and frozen foods

### Sentimental

- Awards, certificates, diplomas, yearbooks, etc.
- Artwork
- Keepsakes and mementos
- Letters
- Journals and scrapbooks
- Dolls and stuffed animals
- Photos